

Vista High School Track Honor Roll											
Boys Track											
<i>Updated May, 2021</i>											
	100 Meters				800 Meters				110 Hurdles		
1987	E Robinson	10.77		2014	A Mangoba	1:52.33		2010	D Hickey	14.11	
2006	J Calhoun	10.81		2006	A Vargas	1:52.40		2008	V Walters	14.85	
2006	D McCastle	10.84		1972	V Scimo	1:52.80		1986	B Lockwood	14.94c	
2009	C Yu	10.84c		2000	J Emmons	1:53.12		1981	M Zsiros	15.04c	
2014	S McMullen	10.94c		1971	S Leonard	1:53.64		1981	D Hendley	15.04c	
1998	N Martin	10.94c		1968	R Figueroa	1:53.74		1973	R Jensen	15.14c	
2001	J Macklin	10.94c		1969	J Plunkett	1:54.14		1984	C Koon	15.24c	
2001	B Bailey	10.94c		1964	R Fox	1:54.64		1984	T Ries	15.24c	
2010	M Blade	10.94c		2003	M Villarreal	1:55.48		2016	N Mendes	15.25w	
2004	L Hall	11.00		1963	Funderburk	1:56.04		2018	A Orozco	15.30	
	200 Meters				1600 Meters				300 Hurdles		
2006	D McCastle	21.85		1974	J Woods	4:09.20		2010	D Hickey	38.47	
2006	J Calhoun	21.94		1964	D Funderburk	4:12.80		2008	V Walters	38.87	
1969	B Martinson	22.04c		1965	R Fox	4:14.50		2001	A Hunt	39.26	
2001	N Martin	22.04c		1999	J Neuroth	4:15.30		1986	B Lockwood	39.64	
2006	T Hodges	22.04c		1973	H Barajas	4:17.90		1985	D Meyerholtz	39.74	
2009	C Yu	22.09		1975	C Ljung	4:18.40		2018	A Orozco	39.89	
1986	B Bailey	22.24		2016	J Dias	4:18.61		2015	B Parker	40.52	
1986	E Robinson	22.24		2021	J Villarreal	4:21.07		1998	A Smith	40.64c	
2021	D Castro	22.26		2003	M Villareal	4:23.44		2015	N Mendes	40.67	
2004	L Arosemena	22.28		2003	N Salomone	4:23.46		2005	D Younger	40.75	
	400 Meters				3200 Meters				400 Meter Relay		
2007	T Hodges	49.10		2000	J Neuroth	9:10.30					
1987	E Robinson	49.56		1974	J Woods	9:18.50		2006	Smith, McCastle,	42.53	
1975	B Thomas	49.74c		1973	H Barajas	9:21.50			Calhoun, Hodges		
2001	S Maldonado	49.77		2000	R Montez	9:22.40		2001	Jorgensen, Martin,	42.68	
2009	J Gathright	49.82		1975	C Ljung	9:22.40			Maldonado, Macklin		
1972	V Scimo	49.84c		1965	R Fox	9:25.60		2003	McCreery, McCastle	42.88	
2014	A Mangoba	49.87		1995	T Sybert	9:27.00			Arosemena, Hall		
2006	A Vargas	50.46		2015	J Dias	9:32.20					
2008	A Del Castillo	50.46		1979	G Morris	9:33.50			Mile Relay		
2017	K Medici	51.21		1989	R Levister	9:34.11		2001	Jorgensen, Martin	3:19.52	
									Maldonado, Hunt		
								1971	Parrot, Scimo,	3:22.84c	
									Redfern, Leonard		
								2005	Hodges, Van Dyke	3:22.87c	
									Vargas, Calhoun		

		Boys Field				
		<i>Updated May, 2021</i>				
		SHOT PUT			DISCUS	
	1972	J Semensow	59' 3 1/4"		1973	B Harvey 181' 9"
	1973	C Cotton	59' 2 1/4"		1974	N Mortenson 171' 9"
	1969	B Leburn	58' 11"		1973	C Cotton 170' 1"
	1972	R Taylor	57' 11 1/2"		1972	M Edwards 166'8"
	2004	J Maloy	56' 11 3/4"		1972	H Hallmark 164'10"
	1968	D Tucker	56' 10 1/2"		2015	M Ena 163'11"
	1973	B Harvey	56' 3"		1991	S Gommel 162'
	1969	M Delaney	55' 10 3/4"		2001	E Arosemena 161'10"
	2002	E Arosemena	55' 7 3/4"		1979	S Grunning 161'7"
	1970	T McDaniel	55' 4 3/4"		2005	J Maloy 159'11"
		LONG JUMP			TRIPLE JUMP	
	1969	B Martinson	23'11"		2011	S McClure 49'3 1/2"
	1971	K Parrot	23'5"		2003	J Hauser Jr 48'4"
	1984	G Smith	23'		1973	A McClure 47'6"
	1988	B Clausen	22'11"		1988	C Reese 46'11"
	1971	J Kornoff	22'10"		2009	J Gathright 46'9 1/2"
	2002	J Hauser Jr	22'3 1/2"		1988	B Clausen 46'6"
	2011	S McClure	22'3"		1984	C Coon 45'8"
	2016	Z Morell	22'1 1/2"		1991	S Tagoai 45'6"
	2001	M Barard	21'10"		2009	Q Lawson 45'5"
	2004	D McCastle	21'10"			
		HIGH JUMP			POLE VAULT	
	1981	B Francis	6'10"		2012	C Rouse 16'3"
	1986	B Risner	6'8"		2021	A Fahey 15'8"
	1973	A McClure	6'7"		2014	E Sones 15'6"
	1984	C Cannon	6'6"		1987	J Rafail 15'6"
	1984	C Koon	6'6"		1999	S Daley 15'6"
	1976	K Mackessy	6'6"		2007	G Simmons 15'4"
	1980	B Larsen	6'6"		2017	B Klein 15'
	2021	T Stanislas	6'6"		2012	T Greytak 14'9"
	2015	D Lemon-Rodriguez	6'4"		2007	B Letourneau 14'4"
	2009	Q Lawson	6'4"		2010	M Mathison 14'4"
	2004	M Menke	6'4"			

Vista High School Track Honor Roll								
Girls Track								
<i>Updated May, 2021</i>								
100 Meters			800 Meters			100 Hurdles		
2021	S Sergeant	12.05	1985	R Eager	2:12.10	2009	D Littleton	14.13
1976	V Belser	12.14c	2007	M Cruz	2:14.56	2018	A Scott	15.00
2007	E Jefferson	12.34c	2006	A Jacobs	2:14.57	2008	S Macey	15.93
2017	K Preston	12.40	1983	S Nichols	2:16.70	2013	M Slack	15.93
1983	T Means	12.54c	1996	A Shea	2:17.10	2015	K Ehrig	15.97
2013	C Kaumeyer	12.62	1986	K Jorgensen	2:17.50	1995	K Medley	16.10
1979	S Quirk	12.64c	2012	M Slack	2:18.04	2006	S Rodriguez	16.80
2006	A Alteri	12.70c	1996	F El-Farrah	2:18.20	2011	J Mangoba	17.27
1981	B Richardson	12.74c	1995	E Batiz	2:19.70	2014	H Frantz	18.00
1985	T Hilton	12.74c	2010	B Arvidson	2:22.22	2016	K Brooks	18.54
1986	N Clemons	12.74c				2009	O Clark	18.54
200 Meters			1600 Meters			300 Hurdles		
2021	S Sergeant	24.48	1987	K Jorgensen	4:45.98	2018	A Scott	42.71
1976	V Belser	24.74c	1983	S Blankslee	4:47.80	2009	D Littleton	44.30
2017	K Preston	25.63	1985	R Eager	5:01.80	1995	K Medley	46.50
2007	E Jefferson	25.69	2013	A Cope	5:04.30	1996	J Lawrence	46.90
1984	T Means	26.04c	2005	A Jacobs	5:08.08	2013	M Slack	47.10
2018	A Scott	26.05	2008	A Barajas	5:08.73	2008	S Macey	47.28
1986	C Clemons	26.14c	1985	A Muceus	5:08.80	2005	S Rodriguez	47.33
2012	B Littleton	26.18	1985	S Tanner	5:09.20	1986	J Alto	47.10
2010	Q Calivoso	26.25	2007	M Cruz	5:09.98	1979	J Whitlow	48.10
2013	C Kaumeyer	26.34c	2009	K Thompson	5:10.40	1988	N Trotta	48.40
400 Meters			3200 Meters			4x100 Relay		
2010	V Floyd	57.48	1987	K Jorgenson	10:24.00			
2021	S Sergeant	58.35	1983	S Blankslee	10:32.60	1976	Belser, Quirk	49.10
2012	B Littleton	58.38	1983	S Tanner	10:49.30		Rowland, Schmidt	
1980	M Thomson	58.44c	2014	A Cope	11:01.72	2017	Tampon, Preston	49.91
2001	C McLean	58.44	1984	J Price	11:08.8		Scott, Brooks	
2012	M Slack	58.99	1984	A Muceus	11:09.4	2016	Tampon, Preston	50.06
2007	A Jacobs	59.34	2012	C Corradetti	11:11.02		Scott, Chau	
1985	R Eager	59.54c	2008	A Barajas	11:12.2			
2017	A Scott	59.64	2009	K Thompson	11:14.41			
1976	V Belser	59.74c	2002	E Martineau	11:15.21			
						2009	Littleton, Jefferson	3:56.61
							Floyd, Cruz	
						2010	Littleton, Slack	3:57.58
							Cruz, Floyd	
						2007	Semidt, McDaniel	3:57.95
							Cruz, Jacobs	

		Girls Field					
		<i>Updated March 31, 2020</i>					
		SHOT PUT			DISCUS		
2008	B Dyer	43'7"		2007	B Dyer	143'5"	
2004	U Tupuola	43'1 3/4"		1980	L Mueller	142'7"	
1979	D Riggs	42'1"		2004	U Tupuoa	138'	
1980	L Mueller	41'8 3/4"		1989	A Ahu	129'	
2004	F Hunkin	41'8 1/4"		1976	V Belser	126'7"	
1987	S Ahu	41'7 3/4"		1998	A Petty	124'5"	
2007	T Fesuiai	40'5"		1978	J McBride	123'9"	
1998	I Medina	39'8 1/4"		1981	D Poulin	121'1"	
1981	D Poulin	39'8 1/4"		2004	F Hunkin	120'9"	
1977	C Nunn	39'6"		2007	T Fesuiai	110'4"	
		LONG JUMP			TRIPLE JUMP		
2009	D Littleton	18'7 3/4"		1983	S Nichols	37'9"	
1978	R Whitlow	18'3"		2009	E Jefferson	37'4 3/4"	
2013	M Slack	17'7"		2010	A Hatcher	36'7"	
2009	E Jefferson	17'6 3/4"		2008	T McClure	35'11 1/2"	
1976	V Belser	17'4"		1986	H Ivie	35'6"	
2011	R Williams	16'11 1/2"		2008	M McCluren	35'5 1/2"	
1986	H Ivie	16'10"		1996	A Costello	34'10 1/2"	
2007	T McClure	16'10"		1986	S Earl	34'10"	
1995	K Medley	16'9"		2011	R Williams	34'10"	
1979	S Quirk	16'8"		2016	C Carpenter	34'6 1/2"	
1977	M Mottino	16'8"					
		HIGH JUMP			POLE VAULT		
2008	S Macey	5'8 1/4"		2006	J Torres	11'3"	
1986	H Ivie	5'6"		1999	A Huchel	11'0"	
1999	A Preston	5'6"		2000	K Collins	10'8"	
2013	M Slack	5'6"		2017	J Tampon	10'6"	
1978	R Whitlow	5'3"		2010	A Erickson	10'4"	
1983	M Thompson	5'2"		2005	M Morris	10'3"	
2011	C Barker	5'2"		2018	K Harris	9'6"	
				2018	J Cacho	9'6"	
				2017	C Chau	9'4"	

Boys CIF Champions			Girls CIF Champions		
	1972 Team Champions		100 METERS		
			1976	Vickie Belser	
	800 METERS		2021 Summer Sergeant		
1968	Ron Figueroa				
1971	Stan Leonard				
1972	Vic Scimo		200 METERS		
1999	Jared Emmons*		1976	Vickie Belser	
2003	Miguel Villareal				
2006	Alejandro Vargas		800 METERS		
2014	Adrian Mangoba		2006	Andrea Jacobs	
			2007	Michelle Cruz	
	1600 METERS		1600 METERS		
1964	Dave Funderburk		1983	Sandy Blankslee	
1974	Jay Woods		1986	Kira Jorgensen	
			3200 METERS		
	4x100 RELAY		1983	Sandy Blankslee	
2006	Smith, Calhoun		1986	Kira Jorgensen	
	McCastle, Hodges		1987	Kira Jorgensen	
			4x400 RELAY		
	HIGH JUMP		1984	Means, Nichols	
1973	Al McCLure			Lawrence, Eager	
1980	Bud Larsen				
1981	Brett Francis		100 HURDLES		
			2009	Danielle Littleton	
			2010	Danielle Littleton	
	LONG JUMP				
1969	Blake Martinson		300 HURDLES		
			2009	Danielle Littleton	
			2017	Alia Scott	
	TRIPLE JUMP		2018	Alia Scott	
2003	Joey Hauser				
2009	Jeremy Gathright		LONG JUMP		
2010	Stefan McCLure		1978	Rhonda Whitlow	
			2013	Mariah Slack	
	SHOT PUT				
	2021	Luis Martinez	DISCUS		
			1977	Vickie Belser	

	DISCUS		1998	Angela Petty	
	1972	Bill Harvey	2007	Brandy Dyer	
	1973	Bill Harvey			
			SHOT PUT		
			1977	Carol Nunn	
	POLE VAULT		1979	Debbie Riggs	
	2007	Griffin Simmons	1980	Liz Mueller	
	2021	Arran Fahey	1981	Doris Poulin	
			1987	Starla Ahu	
			1998	Ivette Medina	
			2003	Uia Tupoula	
			2004	Uia Tupoula	
			2007	Brandy Dyer	
	*San Diego CIF Masters Champion		2008	Brandy Dyer	
			HIGH JUMP		
			1998	Aubrey Preston*	
			1999	Aubrey Preston	
			2008	Sara Macey	
			2010	Mariah Slack	

		Varsity Lettering Marks						
		14 weeks of perfect attendance						
		PLUS one of the following:						
		8 points competing on the varsity level OR.... one of the following marks...						
	Boys				Girls			
100		11.6		100		13.20		
200		23.9		200		28.50		
400		54.5		400		65.00		
800		2:06.00		800		2:38.00		
1600		4:45.00		1600		5:46.00		
3200		10:30		3200		12:45.00		
110HH		16.9		110HH		18.30		
300IH		43.9		300IH		52.80		
High Jump		5-8		High Jump		4'8"		
Long Lump		19-0		Long Lump		14'10"		
Triple Jump		39-6		Triple Jump		31'0"		
Pole Vault		11'9"		Pole Vault		8'0"		
Shot Put		41'6"		Shot Put		30'0"		
Discus		119'0"		Discus		92'0"		
Note: The coaching staff, at their discretion, may letter any athlete due to extenuating circumstances								